

MARJORIE A. NIGHTINGALE, JD, LMFT

Woodbridge, VA. 22192 | (267)994-9015 | E: marjorienight@gmail.com

EDUCATION

Drexel University, College of Nursing and Health Professionals Philadelphia, PA
Ph.D., Couple and Family Therapy
Winter 2021 (expected)

Council for Relationships Philadelphia, PA
Post Masters Certificate in Sex Therapy
May 2018

LaSalle University, College of Liberal Arts Philadelphia, PA
M.A., Marriage & Family Therapy
January 2015

University of Maryland, School of Law Baltimore, MD
Juris Doctor
May 1991

AWARDS

American Association of Marriage and Family Therapists Research & Education Foundation

Outstanding Research Publication, 2020

"Emotionally focused therapy: A culturally sensitive approach for African American heterosexual couples"

CLINICAL EXPERIENCE

Marjorie Nightingale, JD, LMFT 2015 – Present

Woodbridge, VA

Lead Therapist & Founder

- Provides therapy to individuals and couples.
- Areas of focus: Emotionally Focused Therapy for Couples, Integrative sex therapy, anxiety, depression, relational and other social, emotional, and behavioral issues.

MARJORIE A. NIGHTINGALE, JD, LMFT

Keith Miller Counseling & Associates

2018 – 2021

Washington, DC

Individual, Couple and Sex Therapist

- Provides therapy to individuals and couples in private practice.
- Areas of concentration: Emotionally Focused Couples Therapy, Integrative sex therapy, social, emotional, and behavioral issues.

Center for Connection, Healing, and Change

2018 – 2019

Woodbridge, VA

Individual, Couple and Sex Therapist

- Provides therapy to individuals and couples in private practice.
- Areas of concentration: Emotionally Focused Couples Therapy, Integrative sex therapy, social, emotional, and behavioral issues.

Drexel University, Center for Family Science

2016 – 2018

Philadelphia, PA

Couple and Family Therapist

- Provided therapy to individuals, couples, and families.
- Provided therapeutic services as part of research teams.
- Areas of concentration: Emotionally Focused Couples Therapy, Attachment Based Family Therapy, social, emotional, and behavioral Issues.

Center for Families and Relationships

2014 – 2015

Philadelphia, PA

Family Therapy Master's Intern

- Provided therapy to individuals, couples, families, and children.
- Participated in weekly individual supervision and group supervision.
- Areas of concentration: Emotionally Focused Therapy for Couples, Social, Emotional and Behavioral Issues, Parenting Skills, Play Therapy

PROFESSIONAL EMPLOYMENT

Wordsworth Academy

Community Umbrella Agency Region #5

2013 – 2016

MARJORIE A. NIGHTINGALE, JD, LMFT

Philadelphia, PA

Director

- Directed, launched, and implemented the privatization of child welfare services from Philadelphia's Department of Human Services for 7,000 families with at \$37 million budget.
- Hired, trained, and managed a staff of 150 human service professionals with responsibility for all phases of service delivery and organizational operations.

Playworks Philadelphia

2010 – 2013

Philadelphia, PA

Executive Director

- Implemented and managed a social/emotional learning program in 10 Philadelphia elementary/middle schools based on play and physical activity to combat bullying and violence and to increase the physical and mental health of students living in high crime/high poverty communities.
- Responsible for all fund-raising (\$2 million budget) and engagement of community partners.

Dress for Success Philadelphia

2007 – 2010

Philadelphia, PA

Executive Director

- Implemented, directed, and managed a welfare to work program that assisted 5,000 women living in poverty into the workforce.
- Received a national award for exceptional service delivery in marginalized communities.

Maryland Department of Human Resources

Baltimore City Department of Social Services

1998-2006

Termination of Parental Rights Unit

Philadelphia, PA

Staff Attorney

- Litigated over 900 cases representing agency personnel who delivered child welfare services. in Baltimore City Circuit Court, Administrative courts, and Department of Education proceedings.

MARJORIE A. NIGHTINGALE, JD, LMFT

TEACHING

Virginia Technical University, Northern Virginia Center

Falls Church, VA

Department of Human Development
Marriage and Family Therapy

Adjunct Faculty

Spring 2021

- **HD5744- Family Stress, Crisis Intervention, and Trauma Informed Care** – this course provides an opportunity to systematically examine stress, crisis, and trauma as experienced by individuals and families. The concepts of risk, protection, and resilience as they relate to coping are discussed.

Spring 2020

- **HD5474 - Professional Seminar in Marriage and Family Therapy** - this course focuses on the major ethical, legal, and professional issues faced by those in the field of marriage and family therapy. (This course began in the classroom and transitioned to online only following the beginning of the pandemic.)

Fall 2019

- **HD 5424 -Lifespan Human Development** - this overview course focuses on family developmental issues across the lifespan from infancy to old age, as well as the effects of these issues/events upon individuals, couples, and family relationships. The course focuses on theory, research, and application of individual and family developmental theory and related cultural and diversity issues.

Thomas Jefferson University

Philadelphia, PA

Jefferson College of Health Professions

Council for Relationships

Adjunct Faculty

Spring 2021

- **Systemic Sex Therapy III** – the third of three courses (30 CEU credits) in the post masters Sex Therapy certificate program concentrating on advanced topics in sex therapy including but not limited to physical issues which impact sex, the multidimensionality of sex, sexual diversity, gender variance, transgender phenomena, paraphilias, alternate lifestyles, sexual diversity, non-monogamy, influences of technology on intimate relationships, sexual compulsivity and asexuality.

Fall 2020

- **Systemic Sex Therapy I** - the first of three courses (30 CEU credits each) in the post masters Sex therapy certificate program concentrating on various aspects of Sexology and Sex Therapy including the assessment and treatment of sexual disorders using the Intersystem approach. Sexual issues are viewed within the broader contexts of the family of origin, the intimate relationship, bio-psycho factors in the individuals, cultural, religious, racial and other contextual systems.

Department of Couple and Family Therapy

Adjunct Faculty

Fall 2020

- **CFTP 602.1 – Research in Couple and Family Therapy** - this course helps students in the MFT program develop a research-informed approach to clinical practice by learning the basic concepts, principles, and methods of social science research and learn to read, understand and evaluate research articles.

Drexel University, College of Nursing and Health Professionals

Philadelphia, PA

Couple and Family Therapy Masters Program & Creative Arts Therapy Program

Guest Lecturer

Spring 2020

- **CFTP 502 - Introduction to Family Therapy II**
 - 4/16/20 **“Working with Diversity in Couples Therapy”**

Adjunct Faculty

Spring 2019

- **ARTS 661-Working with Family Systems in Dance/Movement Therapy-** Using our previous course design, co-taught this course with Department Chair, Dr. Sherri Goodall. This course views the family through developmental and systems perspectives and addresses clinical applications of dance/movement therapy in work with family systems.

Guest Lecturer

- **CFTP 502 - Introduction to Family Therapy II**
 - 4/26/18 **“EFT with African Americans”**
 - 6/7/18 **“Trauma in Families”**

Teaching Assistant (with Dr. Kenneth Hardy)

Spring 2018

- **CFTP 521 - Human Development** - This introductory human development course was an online only course using Blackboard to deliver lessons, course material and examinations. Introduced students to the foundations of human

MARJORIE A. NIGHTINGALE, JD, LMFT

development. It is designed to engage students in discussions of both traditional and contemporary human development models.

Co-Instructor

Spring 2018

- **Arts 661 -Working with Family Systems in Dance/ Movement Therapy** – co-designed and taught this course with Dr. Sherry Goodall. This course views the family through developmental and systems perspectives within the frame of clinical applications of dance/movement therapy.

Teaching Practicum (with Dr. Kenneth Hardy)

Winter 2018

- **CFTP 509 - Couples Therapy** - developed syllabus and designed and taught couples therapy course integrating cultural factors into traditional couples' models in this introductory course for master's students in the Couple and Family Therapy program.

Wordsworth Academy, Community Umbrella Agency

Philadelphia, PA

Director

2013 - 2016

- **Court 101: The Social Worker as Witness** – designed and taught a course about the child welfare court process and witness preparation to thirteen cohorts of professional social workers. After teaching this course to social workers in my agency, the course was requested by the judges in Philadelphia's Family Court to be incorporated into training for all new social workers in the Philadelphia Department of Human Services. It is now accredited by the state of Pennsylvania and a required course for all new social workers in the Philadelphia region.
- **Genograms in Social Work** - designed a course to help new social workers incorporate using genograms as a practice tool in the community for understanding family dynamics. Taught course to 13 cohorts of professional social workers.
- **Family Finding 101** – designed and taught a course for new social workers to use family finding systems (Accurint) and processes to exhaust family resources to reduce foster care and other non-family out of home placements. Taught course to 6 cohorts of professional social workers.

RESEARCH

Drexel University

Doctoral Research Fellow

2016 to present

Advisors: Stephanie Brooks, Ph.D. (2018 to present)

Christiana Awosan, Ph.D. (2019 to present)

Guy Diamond, PhD. (2016-2018)

- Fall 2017/ Winter/Spring/Summer 2018. Modified and provided clinical intervention in an open trial pilot study – **A culturally sensitive Emotionally Focused Therapy (EFT) for African American couples**
 - Drafted and submitted IRB modification to the existing study “EFT for Diverse populations” initiated by Dr. Ting Liu. adding a third arm specifically for African American couples to provide 14 weeks of EFT treatment in 90-minute sessions.
 - Drafted and submitted all supporting documentation including: study informational flyer, telephone screen, consent form and selected assessments,
 - Identified community sites (churches and community behavioral health centers) for recruiting potential participants.
 - Met with community leaders to discuss and describe the study and potential benefits to participants and to the university.
 - Obtained permission from community leaders to recruit in several locations.
 - Recruited participants and screened 30 potential subjects for participation.
 - Modified the IRB application to add Enon Tabernacle Church as an additional site for treatment.
 - Screened couples by telephone and met with qualified participants to review and obtain consents.
 - Provided 14-17 weeks of EFT treatment with qualified couples.
 - Videotaped all sessions, collected data pre-treatment, after week seven and post week 14.
 - Data analyses to conclude June 2020.

- Summer/Fall 2017/ Winter 2018. Designed, implemented and collected data for a qualitative study – **A Phenomenological study of African American Couples Experience of Race Related Conversations in Couples Therapy**

- Designed qualitative study to examine the experience of African American couples related to race related conversations in couples' therapy.
- Drafted and submitted IRB application, and supporting documentation including: study flyer, telephone screen, consent form, and selected assessments.
- Identified and met with community organizations and leaders to describe the purpose of the study and potential benefits to participants and the university.
- Recruited and screened potential participants for the study.
- Met with qualified couples individually, obtained consent and descriptive data, and had each couple complete assessments.
- Interviewed and audio recorded each couple dyad in 90 minutes sessions.
- Reviewed and corrected interview transcriptions for errors.
- Reviewed and analyzed data using open and thematic coding.

PUBLICATIONS

- Nightingale, M., Awoson, C.I. & Stavrianopoulos, K. (2019). Emotionally focused therapy: A culturally sensitive approach for African American heterosexual couples. *Journal of Family Psychotherapy*, (30) 3: 221-244.
- Nightingale, M., Jones, S.C.T. & Smith, S. (2019). Black American couples' perceptions of the significance of race and race related conversations in therapy: A qualitative study. *Journal of Black Sexuality and Relationships*, 6(2), 37-57.
- Violet, J., Nightingale, M. (2012). Playworks: Scaling a Great Idea, *Social Innovations Journal*. Fall (11), 1-8. Retrieved from <http://www.philasocialinnovations.org>.

PRESENTATIONS

- Nightingale, M. "Quarterly Seminar: Emotionally Focused Therapy (EFT) with African American Couples, Part 2," New York Center for EFT, January 2021.
- Emotionally Focused Therapy with African Americans, Part 1", New York Center for EFT, November 2020.

MARJORIE A. NIGHTINGALE, JD, LMFT

- Nightingale, M. "Workshop: EFT with African Americans" AAMFT Education Foundation, Minority Fellowship Program Quarterly Conference, September 2020.
- Nightingale, M. "On My Corner: Relationship Communication in the Real World", A four-week online course, September 2020.
- Nightingale, M., Awosan, C., Kolawole, B. & Parson, A. "Race, Racism & Relationships," Panel Discussion, July 2020.
- Nightingale, M. "Let's Talk About Race: A Qualitative Study about African American Couples in Therapy," The Association of Black Sexologists and Clinicians, Spring Roundtable Series, April 2020.
- Nightingale, M. "Sex & Intimacy: A Workshop for Couples," *Couples Check-In*, Enon Tabernacle Baptist Church, Philadelphia, PA, February 2020.
- Nightingale, M. "Let's Talk About Race: A Qualitative Study about African American Couples in Therapy", Social Changes, Humanities and Education International Conference, Washington, D.C., December 2019.
- Nightingale, M. "Sex in the Real World", *Couples Check-In*, Enon Tabernacle Baptist Church, Philadelphia, PA, November 2019.
- Nightingale, M. "Sex and Race", Center for Relationships, Philadelphia, PA, May, 2018.
- Nightingale, M. "Relationship and sex challenges in committed relationships", *Couples Check-In*, Enon Tabernacle Baptist Church, Philadelphia, September 2018.
- Nightingale, M. "What does sex have to do with it?" & "But, what about me?", *Couples Check-In*, Enon Tabernacle Baptist Church, Philadelphia, February, 2018.
- Nightingale, M. "Why research is important for African Americans" *Not Easily Broken* Couples Ministry - Enon Tabernacle Baptist Church, Philadelphia, September 2017.
- Nightingale, M. "Why research is important for African Americans", Delta Sigma Theta- Community Health Fair, Philadelphia, April 2017.

POSTER SESSION PRESENTATION

- Nightingale, M. & Diamond, G. Emotionally Focused Therapy for African American Couples. American Psychological Association National Conference, August 2017, Washington, D.C.

SPECIALIZED TRAININGS

- **American Association of Marriage and Family Therapists – Fundamentals in Supervision** (30 hours), May 2020. This course includes didactic and interactive portions and is required to gain the AAMFT supervisor designation.
- **American Psychological Association, Advanced Training Institute - Research Methods for Diverse Racial and Ethnic Groups** (32 hours) Michigan State University, Lansing, Michigan, June 2017. This week-long intensive institute examined and discussed research approaches for investigators working with diverse racial and ethnic groups.
- **Emotionally Focused Therapy: Core Skills** (48 hours) New York, NY Winter/Spring, 2017. This training was led by certified EFT trainers that taught core skills essential to the practice of EFT to small groups. The training included four 2-day workshops- 12 hours for each, every 3 months and completed over the course of one year.
- **Soul Work: Healing Racial Trauma**, Stamford, Connecticut, June 2017. This intensive two-day conference provided a time of reflection, revival, self-care, and healing for participants who are committed to addressing issues of race, racial oppression, and trauma.
- **Promoting Racial Sensitivity: Advanced Workshop for Practitioners**, (16 hours) San Francisco, CA, January 2017. This intensive 3-day workshop provided a small group of practitioners with skills and techniques for integrating race and other dimensions of diversity into their work.
- **Center on Race and Social Problems' Child Welfare Summer Institute - National and Local Perspectives in Racial Disproportionality**, (6 hours) University of Pittsburgh, School of Social Work, Pittsburgh, PA, June 2016. A one-day conference where directors and other leaders of public social welfare programs discussed successes and challenges in confronting racial disparities in service delivery.
- **Sex & Attachment Coming Together**, New York, NY, June 2015 (16 hours). This conference brought together experts from the fields of attachment theory, Emotionally Focused Therapy, and sex therapy to discuss, debate and enhance understanding of working with sexual issues within an attachment frame.
- **Emotionally Focused Therapy: Externship**, New York, NY, June 2013 (32 hours). This four-day workshop included observation of live sessions, presentations of theory and clinical techniques, skills training exercises, and discussion of specific

cases. Participants obtained a clear understanding of the basic experiential and systemic concepts of an "Emotionally Focused" approach to couples' therapy.

VOLUNTEER EXPERIENCES

New York Center for Emotionally Focused Therapy – NYCEFT Fall 2017/Winter 2018
Volunteer assistant trainer (64 hours)

- Assisted master trainers with EFT Core Skills training to small groups of practicing therapists with focus on specific skill development and EFT model implementation in four weekend workshops over the course of six months.
- Assisted therapists with addressing issues related to cultural sensitivity, racism, and oppression for marginalized couples of color within the EFT framework.

American Psychological Association, National Convention, Washington, D.C. 2017
International Brain Bee

- Participated as a volunteer "patient with a scripted psychological disorder" for the international competition of high school scholars interested in careers in neurology and neuropsychology.

American Red Cross, various locations 1996- 2014
Disaster Relief Volunteer/Community Presenter

- Provided disaster services as part of national disaster team (Hurricanes Katrina/Wilma/Rita)
- Provided disaster services as part of local response teams.
- Presented disaster preparedness workshops to community and corporate organizations.

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- American Association of Marriage and Family Therapy,
 - Clinical Member 2014 - Present
 - Approved Supervisor Trainee 2020 - Present
- American Association of Sexuality Educators, Counselors & Therapists
 - Currently pursuing Sex Therapy Certification 2020 – Present
- American Psychological Association 2016 – Present
 - Member
- Chi Sigma Iota - Beta Chapter, International Honor Society for Counselors 2015 – 2018

MARJORIE A. NIGHTINGALE, JD, LMFT

- Maryland Bar Association 1991 – Present

LICENSURE

- Licensed Marriage and Family Therapist
Washington, D.C. #000247 2019 – Present
- Resident in Marriage and Family Therapy
Virginia 2018 – Present